

# September HAPPENINGS

PETER BRESSI  
NORTHEAST SENIOR  
CENTER  
4744 FRANKFORD AVE  
PHILADELPHIA, PA 19124  
(215) 831-2926

The Peter Bressi Northeast Senior Center is designed to enhance the quality of life for senior citizens.

We do this through social, recreational, educational and social service programs.

The Center is funded by the Philadelphia Corporation for Aging and is a community service project operated by the Northeast Community Center for Behavioral Health.

## ***SEPTEMBER 2019***



### **INSIDE THIS ISSUE**

**Birthdays**  
**Current Issues**  
**Helpful Hints**  
**Menu**  
**Sunshine Club**  
**Tummy Treasure**

# From the Director

September 2019



Dear Members,

I didn't think that I would be saying this considering we had a very fun and eventful summer, but I think the brutal heat has worn out its welcome. Just about every day seemed to be a scorcher, so I'm getting the vibe that we're all ready for the cool Fall air to come and take its place. We're really excited that September has arrived because we plan on running a lot of fun and informative programs throughout the month. And just in case you were not aware, September is "National Senior Center Month!" So you know, we have some special plans to keep you smiling throughout the month.

We have an abundance of ideas and topics for discussion, and I'd like to get your input in to which topics you would find most beneficial. I'd like to talk with you shortly after Labor Day to review a large list of ideas that we came up with, and narrow them down by importance of what you would like to see us present. Our main goal as staff members here are to keep you happy, healthy, and safe! With that in mind, we'll definitely be running a variety of exercise programs, healthy eating and nutrition tips and advices, and a fall prevention program. I'd also like to discuss topics, such as scams aimed at senior citizens and ways of preventing them. I look forward to going through our list of ideas to see what else you'd like to focus on throughout the month.

There are many special days to celebrate throughout September as well. Patriot Day is on September 11<sup>th</sup>, and we're inviting a few local firefighters to come in for a meet and greet so we can thank them for their service while we snack on some tasty treats together. We will also be honoring Citizenship Day on 9/17, and POW/MIA Recognition Day on 9/20. On top of that, we celebrate an entire week dedicated to Malnutrition Awareness from 9/23-9/27. It'll be an informative month for sure, but a fun and entertaining one at that!

And last, but certainly not least, I want to wish everyone a happy Labor Day! Please remember that the center will be closed on September 2nd to honor all of the hard working folks out there! I look forward to spending a great fall season together!

Sincerely,

Jim Crawford



# Program Coordinator



## September

September Greetings and warm wishes as we say so long to summer. As always, we want give thanks to you, OUR MEMBERS. **IT IS YOU** who make what goes on here at Peter Bressi truly special.

You know our motto "Get Busy at Peter Bressi." August was very busy with tons of activities including **our Labor Day Barbecue.**

September is shaping to be just as busy with more informative activities and fun including MORE gardening as we celebrate national Senior Center Month. Stay tuned for tips on savvy saving, healthy eating, Fall Prevention, and other health and wellness topics.

**Of Course YOUR Advisory Board will continue showing your favorite movies with snacks available for munching! Sounds like a lot doesn't it? Well you're right. That's why we need you. YOUR Advisory Board has tons of ideas for trips, and other events they'd like to host. The only thing missing is you!**

**VOLUNTEERS NEEDED AND WANTED TO JOIN YOUR ADVISORY BOARD.**

**Be on the lookout for our newest feature Senior Spotlight. Every month we will give you a chance to get to know one of your fellow members a little better by spotlighting them and their special contribution to the center. Your turn could be next! This month's Spotlight is Mohammed Baksh**

So stay tuned. **Ponder Anew** what September holds for you.

Your Activities Coordinator, **BLAIR**



# A Note From Nichet



Hello everybody and welcome to September, it's a new month with more exciting events and activities ahead of us. I hope all of you guys enjoyed our special game day and our Zumba class that took place last month. This month is special because it is National Senior Center Month. What makes this event so important is because it focuses on our center. It's our time to educate you guys on growing, learning, connecting and giving among one another. There will be a host of activities, educational programs, and much more. It's our way to promote a positive image of aging and to also help show the importance of our center within the community. Also to create a warm and friendly atmosphere here at the Peter Bressi Senior Center.

However this month we are having our special Mediation class. This day is going to be a fun filled day with lots of exercises and techniques that help us keep our stress level down, so please come out and join us. Also this month, I am looking forward to doing more presentations with you all and introducing you guys to more healthy snacks. For our healthy snack this month, we will be having a vegetable bowl along with caramelized apples.

Just a little reminder, if anyone needs assistance paying a utility bill, please let me know, I'll be more than happy to do an emergency fund request for you all. Also if you haven't renewed your membership packet because you missed it in May don't forget to stop by the office and renew it. PCA has some good events coming up, if you guys are interested in learning about them. I'll name a few Understanding Mortality Data in Latin American Cities, Love is Listening, Philadelphia walk to end Alzheimer's morning mixer, and Health Coaching and Wellness Planning to increase client Engagement in Self Management.

Don't forget to check out the website: [pcaCares.org/NewBulletin@pcaCares.org](http://pcaCares.org/NewBulletin@pcaCares.org)

However I hope all of you guys are engaging in some fun activities and hobbies that help you stay stress free. Everyone should acquire to have fun and enjoy life because that's very important. Take a walk, drink more water daily and eat healthy as often as you possibly can. You guys can do Yoga, play golf, paint, play pool, travel and etc. If you guys have any questions about the activities you can engage in on your leisure time please let me know, I have plenty ideas too share with you all.

**Fun Fact:** Did you know that regular exercise prevents bone loss and incidence of fractures. It increases the muscle strength and hence balance and coordination.

**Quote of the day:** To be beautiful means to be yourself. You don't need to be accepted by others. You need to accept yourself. (Thich That Hanh)

**September 10, 2019 10:00am** Compassionate Care provider Agency Special Game Day

**September 18, 2019 10:00am** Disease Prevention and Overall well being Presentation

**September 22, 2019 12:30pm** Women's Group

**September 26, 2019 12:30pm** Healthy Habits

**September 30, 2019 10:00am** Zumba



# **EMERGENCY HOTLINES**

## **PCA HELPLINE**

**215-765-9040**

## **GAS LEAKS HOTLINE**

**215-235-1212**

## **SOCIAL SECURITY**

**1-800-772-1213**

## **POISON INFORMATION**

**215-386-2100**

## **WATER DEPARTMENT**

**215-686-6880**

## **PGW**

**215-235-1000**

## **PECO**

**1-800-494-4000**

# September is...

**Baby Safety Month**

**Chicken Month**

**Better Breakfast Month**

**Classical Music Month**

**Fall Hat Month**

**Hispanic Heritage Month**

**Honey Month**

**International Square Dancing Month**

**Little League Month**

**National Blueberry Popsicle Month**

**National Courtesy Month**

**National Piano Month**

**Self Improvement Month**

# HAPPENINGS

## ORIGIN OF SEPTEMBER'S NAME

Origin of September's Name - September was the seventh month of the early Roman republican calendar. The word comes from the Latin Septem meaning "SEVEN." September became the ninth month when JULIUS CAESAR reformed the calendar.



## Birthstone

**Sapphire**

(Alt. Peridot)



## Flower

**Aster/Morning Glory**



## Color

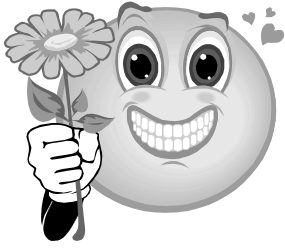
**Brown and Dark Blue**

## QUOTE FOR SEPTMEBER

""By all these lovely tokens  
September days are here  
With summer's best of  
weather  
And autumn's best of  
cheer.""

- Author Unknown





# SPECIAL MENTION

**OUR SUNSHINE  
CLUB SENDS  
GET WELL  
WISHES TO**



**Auroa Zoleta  
Richard Wilks**

**ATTENTION PLEASE !**

**WHEN RESERVING A RIDE ON  
PARA-TRANSIT SHARED RIDE  
WITH KAREN THOMAS PLEASE  
GIVE HER AT LEAST SEVEN (5-7)  
BUSINESS DAYS NOTICE. FORMS  
NEED TO BE TYPED UP AND THIS  
IS WHY SHE NEEDS MORE TIME.**



**THE RESERVATIONS OFFICE IN TURN EXPECTS US TO  
HAVE RIDES EMAILED TO THEM FIVE (5) BUSINESS  
DAYS IN ADVANCE. ALL MINI-TRIPS, YOU MUST  
RETURN TO YOUR HOME AFTERWARD.  
THANK YOU!**

## **SEPTEMBER BIRTHDAYS**

*Lenora Holmes*

*Juslin Hull*

*Linda Bojazi*

*Victoria Arocena*

*Joanne Bodar*

*Alexis McWhorter*

*Frederick Scott*

*John Adejuyigbe*

*Ella Mae Curry*

*Mary Carter*

*Nora Delapena*

*Jacqueline West*

*Jeanette Clarke*

*Charles Aikens*

*Larry Jefferson*

# HAPPENINGS.....

## EXERCISE ROOM UPSTAIRS



Exercise 5 Days a week on Treadmills & Elliptical Machines



**HAPPY  
LABOR  
DAY**





# ONGOING ACTIVITIES

**PETER BRESSI  
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215-831-2926**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9:00 Billiards	9:00 Billiards	9:00 Billiards	9:00 Billiards	9:00 Billiards
9:00 Table Games	9:00 Table Games	9:00 Table Games	9:00 Table Games	9:00 Table Games
9:15 Men's Club	10:00 Vendor Presentation	9:00 Friendship Club	10:00 Vendor Presentation	9:00 Dominoes
11:30 Lunch	11:30 Lunch	11:30 Lunch	11:30 Lunch	11:30 Lunch
12:30 Wii Bowling	12:45 Bingo	12:45 Bingo	12:30 Wii Bowling	12:45 Bingo







**FUN AND GAMES  
ON THE COMPUTER  
MONDAY - FRIDAY  
8:30 - 4:30**

**PATIO AREA OUT BACK**



**FUN & GAMES  
COMPUTER AND SHUFFLE BOARD  
MONDAY THRU FRIDAY  
8:30 AM – 4:30 PM**

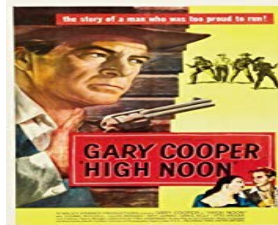
**SEPTEMBER 2019  
SPECIAL EVENTS**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2 <b>CENTER CLOSED</b></p> 	<p>3 9:00 Card Sharks 12:30 - 1:30 Art w/ Ruth 1:30 - 2:30 Bingo</p>	<p>4 9:00 Card Shark 10:30 Scams aimed at Senior Citizens presentation w/Jim 12:45 – 2:00 Bingo</p>	<p>5 9:00 Card Sharks 10:00 Census Bureau presentation 12:30 Art w/Ruth 12:00 - 2:00 Senior Cinema</p>	<p>6 9:00 Card Sharks 9:00 Spring into the Weekend 12:45 - 2:00 Bingo</p>
<p>9 9:00 Good News Monday 9:00 Card Sharks 10:00 - 11:00 Spiritual Journey 11:00 - 1:30 Mini Trip Country Club Diner 1:00 - 3:00 Meditation w/Bear</p>	<p>10 9:00 Card Sharks 10:00 Compassionate Care Game Day 12:30 - 1:30 Art w/ Ruth 1:30 - 2:30 Bingo</p>	<p>11 9:00 Card Shark 10:00 - 11:00 Patriot Day presentation w/ Jim 12:45 – 2:00 Bingo</p>	<p>12 9:00 Card Sharks 10:00 BTC Nutrition program w/Eileen 12:30 Art w/Ruth 12:00 - 2:00 Senior Cinema</p>	<p>13 9:00 Card Sharks 9:00 Pennies from Heaven 10:30 Financial Education Part 1 w/Kathleen 12:45 - 2:00 Bingo</p>
<p>16 9:00 Card Sharks 9:00 Good News Monday 10:00 - 4:30 Mini Trip Philadelphia Mills Movie Theater 1:00 - 3:00 Meditation w/Bear</p>	<p>17 9:00 Card Sharks 9:30 Morning Stretch 10:30 Financial Education Part 2 (w/ Kathleen) 12:45 - 2:30 Bingo</p>	<p>18 9:00 Card Sharks 10:30 Disease Prevention and overall wellness w/ Nichet 12:45 - 2:00 Bingo 2:00 Women's Group</p>	<p>19 9:00 Card Sharks 9:30 Morning Stretch 10:30 Financial Education Part 3 w/ Kathleen 12:00 - 2:00 Senior Cinema</p>	<p>20 9:00 Card Sharks 9:00 Pennies from Heaven 10:30 "Jym Class" 10:30 POW/MIA Recognition 12:45 - 2:00 Bingo</p>
<p>23 10:00 - 11:00 Spiritual Journey 10:30 Mayors Commission on Aging Presentation 11:00 - 1:30 Mini Trip Mission Barbeque 1:00 - 3:00 Meditation w/Bear</p>	<p>24 9:00 Card Sharks 9:30 Morning Stretch 10:30 Food Safety w/ Lynette 11:45 - 12:45 Birthday Party 1:15 - 2:30 Bingo 2:00 Short Stories</p>	<p>25 9:00 Card Sharks 10:00 Fall Prevention Awareness w/Jim 12:30 Art w/Ruth 1:30 – 2:30 Bingo 2:00 Women's Group</p>	<p>26 9:00 Card Sharks 9:30 Morning Stretch 12:30 Senior Cinema</p>	<p>27 9:00 Card Sharks 9:00 Pennies from Heaven 10:30 "Jym Class" Mindfulness and Exploration 12:30 - 1:00 Healthy meal presentation w/Lynette 1:00 - 2:15 Bingo</p>
<p>30 9:00 Card Sharks Good News 10:30 Mayors Commission on Aging Presentation 10:00 Mini Trip Parx 1:00 - 3:00 Meditation w/Bear</p>		 <p style="text-align: center;">Labor Day</p>		

**EVERY THURSDAY SENIOR CINEMA  
SEPTEMBER SCHEDULE**



**SEPTEMBER 5TH  
HIGH NOON  
KATHARINE HEPBURN**



**SEPTEMBER 12TH  
IT HAPPENED ONE NIGHT  
CLARK GABLE**



**SEPTEMBER 19TH  
FREEDOM WRITERS  
HILARY SWANK**



**SEPTEMBER 26TH  
CODE NAME: THE CLEANER  
CEDRIC THE ENTAINER**



## TUMMY TREASURE

### Apple Breakfast Bread



#### **Ingredients:**

- 1/2 cup butter
- 1 cup sugar
- 2 eggs
- 2 cups all-purpose flour
- 1 teaspoon baking soda
- 1/2 teaspoon salt
- 1 teaspoon ground cinnamon
- 1/2 teaspoon ground cloves
- 2 apples - peeled, cored and chopped

#### **Directions:**

1. Preheat oven to 350 degrees F (175 degrees C). Lightly grease an 8x4 inch loaf pan.
2. In a bowl, mix the butter and sugar until smooth and creamy. Beat in the eggs.
3. In a separate bowl, sift together the flour, baking soda, salt, cinnamon, and cloves. Mix into the butter mixture until moistened. Fold in the apples. Transfer to the prepared loaf pan.
4. Bake 1 hour in the preheated oven, until a toothpick inserted in the center comes out clean. Cool in the pan for 15 minutes before removing to a wire rack to cool



# HELPFUL HINTS

## Kitchen Timesavers



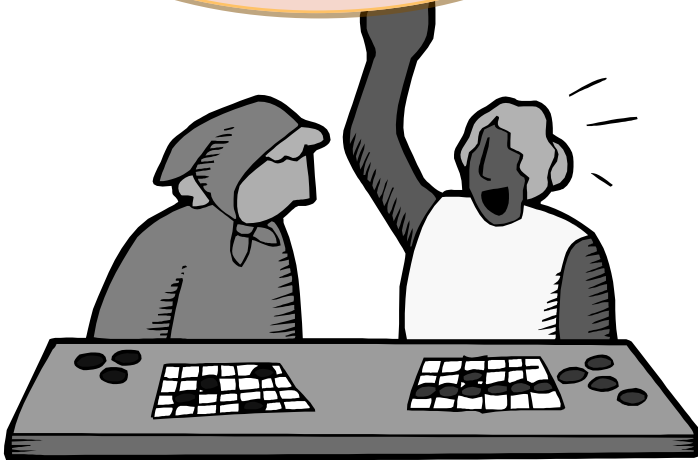
Try these kitchen timesavers to cut back on time and make less work for you. By taking the stress and hassle out of cooking, you'll have more time to enjoy it and to spend with your loved ones.

1. **Organize your kitchen.** Keep frequently used items such as cooking oils/sprays, spatulas, cutting boards, and spices within easy reach. This will save you from having to search for them later.
2. **Clear the clutter.** Before you start cooking, clear off your counters. This allows more room for prep space.
3. **Chop extra.** When chopping up veggies for a meal, chop more than you need. Take the extra, place in a reusable container and freeze. Then next time you need it, you can skip a step.
4. **Have everything in place.** Grab all ingredients needed for your meal – chopped vegetables, measured spices, and thawed meats. It will be easier to spot missing items and avoid skipping steps.
5. **Double your recipe.** For your next casserole or stew, try doubling the recipe and freezing the extra. You'll save time and make cooking next week's dinner a snap!
6. **Clean as you go.** Fill up the sink with soapy water and wash the dishes as you cook. It'll make clean up go much smoother!
7. **Save some for later.** Freeze leftover soups, sauces, or gravies in small reusable containers.





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**BINGO! BINGO! BINGO!**  
**EVERY TUESDAY,**  
**WEDNESDAY AND FRIDAY**

**BIRTHDAY PARTY**  
**SEPTEMBER 24TH**



**MONDAY THRU FRIDAY**  
**BILLIARDS, TABLE GAMES**  
**BINGO, LUNCH**








**ADDITIONAL TABLES ARE**  
**LOCATED UPSTAIRS**



**TREADMILLS &**  
**ELLIPTICAL MACHINES**

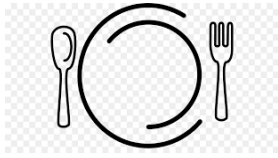
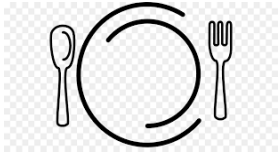



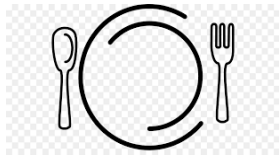


# SEPTEMBER 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>2 CENTER CLOSED</b> 	<b>3</b> Sliced Turkey w/ Herb Apple Glaze & Stuffing Brussel Sprouts Harvard Beets Wheat Roll	<b>4</b> Fajita Chicken Spanish Brown Rice Snap Peas Tossed Salad Dressing Small Flour Tortilla Diced Pears	<b>5</b> Swedish Meatballs Peas & Carrots Wide Noodles Rye Bread Mandarin Oranges	<b>6</b> Herb Roasted Chicken Thigh Rosemary Roasted Red Bliss Potatoes Green Beans & Red Peppers Wheat Roll Sugar Cookie Tomato Rice Soup
<b>9</b> Cheese Burger Potato Wedges Fiesta Corn Hamburger Roll Fresh Peach	<b>10</b> Spanish Omelet Zucchini & Corn Diced Potatoes Rye Bread Cinnamon Ap- plesauce	<b>11</b> BBQ Chicken Thigh Sautéed Cabbage Black Eyed Peas Pumpernickel Bread Pudding Vegetable Rotini	<b>12</b> Sliced Sesame Ginger Beef Brown Rice Broccoli Homemade Health Salad Wheat Roll Pineapple	<b>13</b> Ravioli w/Roasted Red Pepper Spinach & Carrots Cauliflower Mixed Fruit Cocktail
<b>16</b> Tilapia w\Lemon & Capers Parsley Potatoes Broccoli Wheat Roll Marble Muffin Lentil Soup	<b>17</b> Garlic Brown Sugar Chicken Sweet Potato Cubes Snap Peas Wheat Roll Fresh Nectarine	<b>18</b> Salisbury Steak Whipped Potatoes & Cauliflower Mixed Vegetables Rye Bread Diced Peaches	<b>19</b> Eggplant Rollup Rotini w\sauce Carrots Berry Applesauce	<b>20</b> Grilled Chicken w/ white wine sauce Squash Zucchini & Carrots Brown Rice Pilaf Mandarin Oranges
<b>23</b> Sweet & Sour Chick Fried Brown Rice Oriental Vegetable Blend Wheat Roll Fresh Plum	<b>24</b> Meatloaf w/tomato glaze Whipped Potatoes Carrot Coins Wheat Bread Chocolate Chip Cookie Minestrone Soup	<b>25</b> Crab Cake with Macaroni & Cheese Scalloped Tomatoes Wheat Bread Applesauce	<b>26</b> Grilled Chicken Breast Parmesan Broccoli Cauliflower Penne Pasta w/Sauce Wheat Bread Fruit Cocktail	<b>27</b> Ground Beef & 3 Bean Chili Brown Rice Corn Cucumber & Onion Salad Pineapple
<b>30</b> Butter Crum Fish Garlic Kale & Spinach Ratatouille Wheat Roll Applesauce		 <i>Seniors' Luncheon</i>		

# B.T.C. FOOD

**PCA SEPTEMBER 2019  
MENU NON-KOSHER  
CONGREGATE MENU  
ALTERNATIVE CHOICE LUNCH**

<b>Tuesday</b> 3	<b>Wednesday</b> 4	<b>Thursday</b> 5	<b>Friday</b> 6
Asian Chicken Salad Sesame Asian Dressing Sesame Pasta Salad Wheat Bread Fresh Pear	<b>No Alternate Meal</b> 	Turkey Hoagie Lettuce, Tomato, Onion Potato Salad Mandarin Oranges Mayo	Seafood Salad & Hard Boiled Egg Platter Marinated Green Bean & Red Pepper Salad Wheat Roll Sugar Cookie Tomato Rice Soup
10	11	12	13
House Garden Salad w/Grilled Chicken Hard boiled egg, grilled chicken breast Macaroni Salad Honey Dijon Wheat Bread Applesauce	Southwest Chicken Salad Romaine Lettuce Grilled Chicken, Corn Black Beans Dressing Marinated Carrot Salad Pudding Wheat Bread	Baked Chicken Breast & Cheddar on Pita Lettuce Health Salad Pineapple Mayo	Egg Salad Platter Lettuce & Tomato Summer Salad Vegetable Pasta Salad Wheat Roll Mixed Fruit Cocktail
17	18	19	20
Assorted Deli Sandwich Wheat Hamburger Roll Lettuce, Tomato & Onion Cold Couscous Salad Marinated Italian Blend Vegetables Nectarine Mayo	Chicken Tomato & Mozzarella Salad Romaine Lettuce, grilled Chicken Marinated Tomato Dressing Bowtie Pasta Salad Wheat Roll Peaches	Seven Layer Salad Romaine Lettuce Hard Boiled Egg Cheddar Cheese Peas Red Onion, Imitation Bacon Bits Dressing Wheat Bread, Applesauce	Turkey Salad Platter Lettuce & Tomato Pickled Beet Salad Carrot & Raisin Salad Pumpkin Bread
24	25	26	27
Grilled Chicken Kale Caesar Salad Greek Chickpea Salad Caesar Dressing Wheat Bread Chocolate Chip Cookie	<b>No Alternate Meal</b> 	Tuna Salad Platter Lettuce & Tomato Broccoli Salad w/ Cranberries Wheat Roll Mixed Fruit Cocktail	Turkey & Swiss on 7 Grain Bread Lettuce & Tomato Cole Slaw Pineapple
			

# REFER A FRIEND — AND BE REWARDED —

REFER 1 NEW MEMBER THIS MONTH AND YOU GET A \$5 GIFT CARD.

ALSO GET ENTERED INTO OUR GRAND PRIZE DRAWING FOR THE WINNER WHO REFERS THE MOST MEMBERS.



**COME AND SHARE THE FUN WITH YOUR FRIENDS, FAMILY, CHURCH MEMBERS, NEIGHBORS. PETER BRESSI NORTHEAST SENIOR CENTER. LETS TURN THE BEST KEPT SECRET INTO THE PLACE EVERYBODY'S TALKING ABOUT.**



## **UPCOMING EVENTS OCTOBER 2019**

**Monday - October 7th Mini Trip - TBA  
11:00am - 1:30pm  
Cost \$4.00 See Karen or Blair**

**Monday - October 14 Mini Trip  
Philadelphia Mills Movie Theater  
Pickup at Residence  
10:00am - 4:00pm  
Cost \$4.00 See Karen or Blair**

**Monday - October 14th & 28th - Spiritual Journey w/Nate & Delores.  
This is a class for the mind, body and spirit.  
Time 10:00am - 11:00am Dining Area**

**Monday - October 21st Mini Trip - TBA  
11:00am - 1:30pm  
Cost \$4.00 See Karen or Blair**

**Monday - October 28th Mini Trip - Chickie and Pete's at Parx Casino  
Pickup at Residence  
10:00am - 3:30pm  
Cost \$4.00 See Karen or Blair**

**Tuesday - October 29th - Center Birthday Party  
Free ice cream and cake  
Time 11:45am - 12:45pm Entertainment**





# **NORTHEAST SENIOR CENTER ADVISORY COUNCIL**



## **ADVISORY COUNCIL MEMBERS AT LARGE**

<b>PRESIDENT</b>	<b>HELEN WILKERSON</b>
<b>VICE PRESIDENT</b>	<b>FRANCINE CASHLEY</b>
<b>SECRETARY</b>	<b>CHARLES HOWLCROFT</b>
<b>TREASURER</b>	<b>MARTHA BENJAMIN</b>

## **STAFF**

<b>CENTER DIRECTOR</b>	<b>JIM CRAWFORD</b>
<b>PROGRAM COORDINATOR</b>	<b>BLAIR JORDAN</b>
<b>CASEWORKER</b>	<b>NICHET KEMP</b>
<b>PROGRAM REPRESENTATIVE</b>	<b>KAREN THOMAS</b>
<b>NUTRITION AIDE</b>	<b>JACQUELINE COLEMAN</b>
<b>CUSTODIAN</b>	<b>ERVIN GUESS</b>



**THE PETER BRESSI NORTHEAST SENIOR CENTER IS FUNDED BY  
PHILADELPHIA CORPORATION FOR AGING AND IS A COMMUNITY PROGRAM**